

## AS SEEN BY A WASHINGTON WOMAN

## WHAT EVERY HOUSEWIFE KNOWS.

"Most homemakers who are performing their own daily tasks have gained whatever technical knowledge they possess from their own experiences or from the experiences of their mothers or their friends."

These words are quoted from the report made by the National Society for the Promotion of Industrial Education of the University of Minnesota. The report is the result of a thorough investigation and study of the problem of housework and the houseworker, carried on by this society with a view of learning the practicality of general instruction on the technicalities of housework.

It is a rather interesting question, this question of where the houseworker gains her knowledge of the technicalities of housework. It is an interesting question for every woman who does part or all of her own housework to ask herself.

Undoubtedly a great deal is usually handed down from mother to daughter, and certain traditions of housework, certain little ways of doing things have been passed down by what our scientific friends would call "oral tradition" for many generations. For almost every housewife has some little peculiar knacks of her own—

ways of stuffing a chicken, methods of testing the heat of a flatiron, for instance—that she clings to simply because that was the way her mother performed those tasks. And her mother, in turn, did these things in this way because that was the way her mother did them. And so on, we might carry the tradition to Colonial days, if we could but delve into the secrets of the past.

Then, of course, you learn a great deal from your friends. For women who do housework are perhaps more liberal in showing their methods to each other than are men engaged in similar lines of business enterprise. So far the report from Minnesota seems to cover the ground. But the report did not say anything, apparently, about the fund of technical knowledge of housekeeping that the average housewife gains from newspapers, magazines, pamphlets—in short, from the printed word.

In our opinion, it seems that this source of information is of very wide extent, for under this head you have to include not only the departments of the newspapers and magazines devoted to the science of housework, but also advertisements making new methods of doing this work, such as electrical and mechanical appliances that have so greatly modified housework within the last generation. And you must, also, include the printed instructions that come with various implements of housework and articles of food.

Ask yourself why you no longer dust with a feather duster, as your mother used to, but instead insist on having all the dusting done with a cloth partly moist? If your memory is long enough you will recall that it is because you read an article in your favorite household magazine that convinced you that old-fashioned dry-dusting only scattered the dust and spread disease germs.

Ask yourself where you got that recipe for beef stew that makes such a delicious dish at such small expense? That was from one of the government bulletins on economical ways of preparing food; and you read that such a bulletin could be obtained from the Department of Agriculture through the columns of the morning paper. And it was from the morning paper, too, that you read about the new bread mixers that save you so much time on baking day. And your rule for making biscuits, that is so much simpler than the one that mother gave you, you got from a can of baking powder.

So, isn't it true that quite as much as from tradition and from the words of your friends you have derived your technical knowledge of housework from the printed word?

MARY MARSHALL.

## FAMOUS WOMAN, HER BIRTHDAY AND YOURS

By MARY MARSHALL

January 23—Mary Ward.

Mary Ward, founder of a Roman Catholic order, modeled after the Jesuits, was born three hundred and thirty-one years ago today in England. Her parents were devout Roman Catholics, but nevertheless they opposed her desire for a religious life. She was a beautiful young woman and had many admirers and friends, but in spite of all other attractions and objections she entered the order of St. Clare when she was twenty-one.

During her novitiate it was her duty to collect funds from the townspeople, and although she performed her work conscientiously, she never liked it, for the desired greater solitude and more time for religious contemplation. So she left the order, resolved on founding one quite to her own taste. Finally she obtained, in spite of opposition within and without the church, land and a temporary building at St. Omer, where she established an order, with rules founded on those of the Society of Jesus. It was partly as the result of a wonderful recovery from serious illness, in 1811, when she thought she was directed to adopt the Jesuit rules, that the final working-out of her order's policy was done.

Mary Ward was always the object of criticism and opposition. It was not until 1878, almost a century after her death, that her order was finally sanctioned by Pope Pius IX. Throughout her lifetime she had to fight for her life. She was finally allowed to establish a convent in Rome for observation, and after the period of observation she was permitted to exist, but it often came into conflict with ecclesiastical authority, and its founder passed some time in prison.

A manuscript life of Mary Ward exists in both Italian and German, and in English and French there are printed biographies. There are also in existence fifty paintings in oil depicting her life. The series known as the "Painted Life."

## HOROSCOPE.

"The stars incline, but do not compel."

Sunday, January 23, 1916.

This is not an important day, so far as planetary direction is concerned. Venus is strongly adverse and Saturn is a benefic aspect.

Under this rule it is held to be exceedingly fortunate to obtain the favor or advice of elderly persons or persons who have authority in constructive work. It is a favorable time for concentration and mental healing.

There is a sign giving promise of gain to business-makers, hinds and leather dealers and shoe makers.

Whatever concerns land or real estate is subject to the best conditions today.

Mines of every sort should benefit from this aspect of Saturn, which presages gain through minerals and the steady rise of stocks, especially those representing copper properties.

Today should be most auspicious for the consideration of subjects of supreme importance to large masses of population. Diplomats and statesmen should profit by this peculiarly stimulating rule of the stars.

Deaths from poison will be astonishingly numerous before the end of this year. It is predicted, and a man of prominence may meet a tragic end by the use of narcotics.

The Moon is today in a sign said to increase any tendency to diseases of the digestive organs.

Mars, which is the bright evening star until the middle of February, presages much good as well as evil for Canada and the United States, and indicates extremes in luck.

Fire in a place of amusement gain is foretold and loss of life is indicated.

President Wilson cannot follow a planetary direction, which should cause him to protect himself against some personal danger.

Persons whose birthdate it is should pay close attention to business affairs, if losses are to be averted. Accidents should be avoided as far as possible.

Children born on this day may have much trouble with love affairs and be rather too affectionate. These subjects of Aquarius often are dreamers, who do not succeed well in business.

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In Argentina the laws provide that a father must leave his children four-fifths of his fortune, and a husband, if he has no children, has to leave all of his property to his wife. An unmarried son is compelled to leave his parents two-thirds of his property, and only unmarried persons without parents or descendants can make will disposing of their possessions as they see fit.

**MAYOR'S WALNUT OIL.** One Bottle Compound Hair Dye for either Hair or Beard. A most effective, permanent, reliable, safe, sure, simple, and easy to use. It is a most effective hair restorer, and will make thinning hair grow again. It is a most effective hair restorer, and will make thinning hair grow again. It is a most effective hair restorer, and will make thinning hair grow again.

Prepared by Dr. J. C. May, 100 N. 1st St., St. Paul, Minn. Sold by Dr. J. C. May, 100 N. 1st St., St. Paul, Minn. Sold by Dr. J. C. May, 100 N. 1st St., St. Paul, Minn.

## NEW YORK FASHION LETTER

By MARIE LA ROCQUE

If You Want to Shop Wisely and Economically, If You Want to Buy the Latest Gowns, Hats, Shoes and Accessories—Stay at Home.

New York, January 22. In this letter I am going to be quite preachy and preachy and perhaps you won't like what I am going to say—especially if you are trying to persuade that father or husband of yours that you ought to have a trip to New York. But I have come to the conclusion that there is just about as much use for a Washington woman—or a woman in any other live wire city—to come to New York to buy clothes as there is for a housewife to take a trip to the mill every time she wants some more to make a cake. The housewife lets the food do that for her and when you want the very newest in the season's fashions just let the buyers do the work.

In "ante bellum" days it was different. Then, perhaps, the fashionable Washington lady had to make frequent trips to New York, but bless your heart!—it takes only from luncheon time to dinner for the buyers to get new clothes from New York to Washington and they know ever so much more about selecting things than you do.

You see every late summer and late winter a lot of you Washington women come up to New York and, while you might be going about seeing the new things in the city, enjoying the new shows and seeing your friends, you are wasting your time shopping. You fairly haunt Fifth avenue. You make your way into stores, thousands of fashionable New Yorkers didn't even know existed, and you spend all that generous check that your husband gave you for your trip. Then when you go home tired and cross and "strapped" what happens?

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## In The Realm of Women's Clubs

The Capitol Hill History Club gave a reception in honor of Mrs. Court F. Wood, president of the Federation of Women's Clubs, on Monday, January 17, from 3 to 5, at the Home Club. There were about 200 ladies from different clubs present. The rooms were beautifully decorated with pink carnations and palms; a string orchestra played from an alcove. The table was presided over by Mrs. Stoddard and Mrs. Yorks; the punch by Mrs. Whalley and Mrs. King, assisted by other members. In the receiving line were Mrs. Court F. Wood, Mrs. George H. Felt, president; Mrs. C. B. Granger, vice president.

The regular monthly meeting of the Cottage Equal Suffrage League will be held Monday evening, January 24, at the New Oxford Hotel. The question of suffrage for the District will be discussed.

The regular monthly meeting of the District of Columbia Association Opposed to Woman Suffrage was held Wednesday afternoon at the residence of Mrs. Douglas Putnam Birnie. In the absence of the president, Mrs. C. H. Davis, the first vice president, Mrs. Joseph M. Stoddard, presided. The following appointments were made: Membership committee, Miss Josephine Patten; entertainment committee, Mrs. E. Rollins Morse; statistics committee, Mrs. George Fuller; press committee, Mrs. Joseph M. Stoddard. Mrs. Joseph M. Stoddard was elected chairman of the executive board. Arrangements were made to hold a bridge party at the residence of Mrs. James W. Wadsworth, Jr., on February 3. Tables can be secured from the executive committee, which is comprised of the following ladies: Mrs. C. H. Davis, Mrs. Joseph M. Stoddard, Mrs. Douglas Putnam Birnie, Mrs. T. T. Gaff, Mrs. E. Rollins Morse, Mrs. Swager Shirley, Mrs. James W. Wadsworth, Mrs. Arthur Wallace Dunn, Mrs. C. L. Hussey, Mrs. George H. Felt, Mrs. Josephine Patten, Mrs. Anne Sullivan, Mrs. Davis, Mrs. Murray Lydard, Mrs. Alice Card, Mrs. A. M. Dodge, president of the National Association, and Mrs. A. J. George gave addresses on the "conservation of womanhood" and the "question of suffrage" to suffrage that is being done this winter in Congress.

Mildred Lee Chapter, Children of the Confederacy, of which Mrs. Stoddard is president, celebrated Robert E. Lee's birthday with appropriate exercises in Statuary Hall of the Capitol, Wednesday afternoon at 4 o'clock. Mr. William Goodwin made a delightful address and Miss Bertha Thompson presided. The society made an address on the life of Gen. Lee and placed a wreath on his statue.

In D. A. R. Circles.

The John Lindsay Chapter, D. A. R., was entertained at the home of the vice president, Mrs. John W. Wadsworth, on Tuesday evening. The regent, Mrs. Ellis Logan, presiding. The following members were elected for the twenty-fifth continental congress: Delegate, Mrs. Ellis Logan; alternates, Mrs. James Wright, Mrs. Charles W. Wadsworth, Mrs. Russell Bowen, Mrs. Thomas P. Johnson, Mrs. L. M. Fryer and Mrs. William L. Symons. Manual numbers were given by Miss Flora Briggs, accompanied by Mrs. Hamilton, and readings were given by Mrs. Newman. The social hour followed. Refreshments were served.

The Mary Bartlett Chapter, D. A. R., will hold a meeting on January 22, at the residence of the president, Mrs. Amos Draper, Kendall Green. After the routine business Miss Kern, the historian of the chapter, read a paper on Old Houses near Washington.

The Richard Arnold Chapter, D. A. R., held its January meeting at the home of the historian, Mrs. Charles W. Floyd, the Sheridan. A brief business meeting was followed by historical responses. Mrs. Thomas gave an interesting sketch of D. A. R. work at Tampa, Fla., and a description of an old cemetery at Savannah, Ga. Mrs. Sylvanus E. Johnson read a description of the ancient quarries, located near here, on a branch of Rock Creek, which were the work of stone masons, before the pyramids of Egypt were built. Mrs. Alexander M. Gorman, the regent, read a paper on "Some of Washington's Writers, Books and Libraries."

George Wallace Jones, chairman of the magazine committee, gave a talk on the society's official organ, and the chapter responded with a new subscription. "The American Defense Society" pledges were accepted for circulation among foreign friends and neighbors.

The Sarah Franklin Chapter, D. A. R., held its regular monthly meeting at the Susquehanna, Mrs. Robert Harrison presiding. The business meeting was presided over by Mrs. Harrison. The regent, Mrs. James E. Mulcare, presided. Each member responded to the roll-call which was very large. The loyalty pledges for foreigners were distributed, each member pledging herself to get as many signatures as possible. The chapter president, Mrs. J. Warren, of Virginia, and Mr. Franklin Barr.

The next quarterly meeting of the District branch, W. C. T. U., is to be held January 28. Feature of meeting will be the stars of campaign by Mrs. Emma Sant, Shelton, District president, W. C. T. U., to raise \$1,000 for W. C. T. U. work.

At executive meeting, corresponding secretary was directed to send letters of cheer to the "Shut Ins," Mrs. Clinton Smith, president, and Mrs. Ida M. Peck, Mrs. A. E. M. Johnson, Mrs. Ines V. Tighe, Mrs. Walter Dosh, Mrs. William W. Williams.

The chapter will be "at home" February 15, from 8 to 11, at the Raleigh, celebrate its twenty-second birthday.

The regular reception of the Anthony League was held on last Tuesday afternoon. The president, Mrs. Hendley, gave a resume of the important topics discussed at the recent national suffrage convention and some of the interesting points from Dr. Anna Shaw's annual address. This resume was received with enthusiasm and requested that the same program be repeated and added to at the next reception.

The Anthony League took a most active part in the federated club luncheon at the Old Masonic Hall for

**TODAY'S AID TO BEAUTY**